GI VINGTUESDAY BROKEN PEOPLE PEER SUPPORT A MENTAL HEALTH PEER SUPPORT GROUP WWW.BROKEN-PEOPLE.ORG

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A few weeks back the Detroit Lions played the Houston Texans. I didn't think they'd win. It was NOT looking pretty. Our quarterback, Jerad Goff, threw 5 interceptions, more than he'd thrown the entire year, and we were down 23-7 a few minutes into the third quarter.

I was watching the Lions play at my friend Dave's house and felt a nagging tug of despair for most of the game. This was supposed to be OUR year! Then I had a thought...one I've been having on and off for a few months: *What would it look like to "practice hope?"* So, somewhere near the middle of the third quarter I began to do just that; to "practice hope." I mean, what was there to lose, right? The Lions ended up beating the Texans 26-23. The real "kicker?" The game winning points were scored by a rookie named Jake Bates: a **brick salesman** from **HOUSTON**, **Texas**! It was one of the most meaningful games I've ever watched. Why?

Jerad Goff was struggling the whole game! But he didn't give up. He knew what he needed to do. He had to shake off his past mistakes and make the most of every. next. play. He knew that the next second, minute, and play needed him and his full attention. And despite his struggles, he and his team got the ball to a place on the field where Jake Bates was given one final attempt to score. With 4 seconds left on the clock and literally a few inches to spare, he kicked the game-winning field goal! **Go Lions!** 

I don't know what you've been through today or this year. But if you take anything away from reading this letter, I hope it's this...*Tomorrow needs you!* 

Broken People Peer Support has accomplished a lot this year: Our team of online moderators has encouraged thousands around the globe with their faithful leadership and caring hearts. We also started a new, in-person peer support program in Grand Ledge, Michigan. I've personally had several amazing experiences speaking at universities and conferences throughout the Midwest. Good stuff's been happening! Why? Because broken people like you and I who've struggled most of our lives have been encouraging each other to shake off our past mistakes and struggles, finding new ways to cope and adapt. Through our personal growth and healing, we've been able to help other broken people. Whether you're a brick salesman from Texas or someone struggling daily just to get out of bed, **Tomorrow Needs You!** 

BPPS has a goal of raising \$20,000 in the next few weeks. With that money, there's a lot we'd like to do. We've got a jail in Colorado Springs, CO who received 60 copies of my book donated by YOU in 2023 that's asking for even more books because of the effectiveness of its message within their population. We'd like to donate an additional 500 books to jails and police agencies around the country! In addition, there are many organizations who'd love to have me come speak to their communities but lack the resources to cover the cost. If you're able, we would really, sincerely appreciate it if you could join with us by becoming a monthly donor or by making a generous one time donation!

There are a few ways you can make your tax deductible contribution:

Visit our website: www.Broken-People.org/Donate, Scan the QR Code, or Send a check to: Broken People Peer Support, PO BOX 888259, Kentwood, mi 49588

You amaze me. Your participation in my life reminds me that tomorrow needs me, too. It's not the easiest thing for me to remember. So thank you!

Joseph Reid Founder and Executive Director of Broken People Peer Support



